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THE VENETIAN® RESORT LAS VEGAS

# 24th Annual ICRG Conference on Gambling and Addiction



The International Center for Responsible Gaming (ICRG) is pleased to invite you to the 24th annual ICRG Conference on Gambling and Addiction, the preeminent science-based forum featuring the latest research on gambling disorder and responsible gambling. All stakeholders will find something valuable in this education experience:

#### Treatment Providers will engage in dialogue about:

- Health and legal disparities facing people with gambling disorder
- The experience of individuals who recover from gambling disorder
- The impact of stigma on treatment and recovery
- An integrative cultural treatment model for Tribal populations
- Using mindfulness for relapse prevention
- · Couple therapy for gambling disorder

# Responsible Gambling Professionals and Other Industry Professionals will engage in dialogue about:

- The migration from video games to gambling
- The potential health risks of "cashless gambling"
- Improving responsible gambling messaging
- New technology to support the prevention of gambling problems
- The latest findings on sports gamblers and their potential health risks
- Using the Positive Play model to improve responsible gambling

# Public Health Professionals, Gaming Regulators and Public Policymakers will engage in dialogue about:

- The uptake and effectiveness of the responsible gambling strategy, "pre-commitment"
- Lottery gambling among adolescents
- The impact of stigma on public health policies
- Current research on responsible gambling messaging
- The latest findings on the potential health risks of U.S. sports gamblers.

#### Researchers will engage in dialogue about:

- Where we stand with research on how people recover from gambling disorder
- The technology shaping prevention and interventions for gambling problems
- New research on pre-commitment
- Conducting research on responsible gambling

All this, plus 13.5 continuing education hours approved by national and state entities for treatment providers, continuing legal education hours, a poster session showcasing new research and networking opportunities with colleagues from around the world.

Once again, the ICRG Conference on Gambling and Addiction boasts the highest quality programming relevant to all stakeholders in the gambling field. We hope you can join us in October!

#### **CONFERENCE VENUE AND HOTEL RESERVATIONS**



#### **VENUE**

The ICRG Conference is held in conjunction with Global Gaming Expo (G2E) in the Venetian Expo & Convention Center. For more information about G2E, visit globalgamingexpo.com.

#### **HOTELS**

To give you a wide range of lodging choices, G2E has partnered with Connections Housing to offer extensive hotel options to ICRG Conference attendees. Book your hotel reservation by visiting the Hotel & Travel page at **globalgamingexpo.com**. Some of the options include:

- The Venetian and The Palazzo, a short walk to the conference venue. Rates from \$280/night\*
- Las Vegas Hilton at Resorts World, from \$185/night\*
- Treasure Island TI Hotel & Casino, a Radisson Hotel, from \$140/night\*
- The Ling Hotel + Experience, from \$99/night\*

<sup>\*</sup>These prices are estimates from the time of brochure printing. Rates do not include taxes or resort fees (internet, fitness centers, etc.).

# FEATURED SPEAKERS



Brett L. Abarbanel, PhD, Executive Director, International Gaming Institute, University of Nevada, Las Vegas



**Shane Kraus, PhD,** Assistant Professor of Psychology, University of Nevada, Las Vegas



Nassim Tabri, PhD, Assistant Professor in the Department of Psychology and Director of the Mental Health and Addictions Laboratory, Carleton University



**Luke Clark, PhD,** Professor of Psychology, University of British Columbia



Bonnie Lee, PhD, Professor in the Addictions Counseling Program and Research Affiliate, University of Lethbridge



**Ed Talbot**, *Executive Director*, New Hampshire
Council on Problem
Gambling



**Garrett Farnes,** Director of Responsible Gaming, MGM Resorts International



Mark Lipparelli, Chairman, ICRG



Stacey Tovino, JD, PhD, William J. Alley Professor of Law, The University of Oklahoma College of Law



Alan Feldman, Distinguished Fellow in Responsible Gaming, International Gaming Institute, University of Nevada, Las Vegas, and Chair Emeritus, ICRG



Michelle Malkin, PhD, JD, Assistant Professor, East Carolina University



Jeremiah Weinstock, PhD, Professor, Clinical Program and Department Chair, Saint Louis University



Kasra Ghaharian, PhD, Postdoctoral Research Fellow, University of Nevada, Las Vegas



Arthur Paikowsky, President, ICRG



Martina Whelshula, PhD, Arrow Lakes Nation of the Colville Confederated Tribes in Washington State



**Joshua Grubbs, PhD,** Associate Professor, University of New Mexico



**Samuel Peter, PhD,** Clinical Staff Psychologist, Durham VA Health Care System



Michael J.A. Wohl, PhD, Graduate Chair and Professor, Carleton University



**Ted Hartwell**, Executive Director, Nevada Council on Problem Gambling



Rory Pfund, PhD, Research Assistant Professor, Department of Psychology, University of Memphis



**Zu Wei Zhai, PhD,**Assistant Professor, Program in Neuroscience, Middlebury College



**David Hodgins, PhD,** Professor, Department of Psychology, University of Calgary



Leanne Quigley, PhD, Assistant Professor of Psychology, Yeshiva University

# CONFERENCE SCHEDULE SUNDAY, OCT. 8, 2023

Note: Learning objectives for each session are available at icrg.org.

#### 8 a.m. – 5 p.m. Registration

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#### 10 a.m. – Noon Pre-Con Workshops for Treatment Providers

(2 CE Hours)

Note: Attendees must pre-register. Additional fees apply.

# Mindfulness-Based Relapse Prevention for Gambling Problems

Speaker: Shane Kraus, PhD, University of Nevada, Las Vegas

Mindfulness-based relapse prevention (MBRP) is a form of treatment for addiction that focuses on the period after treatment when individuals are most likely to relapse. MBRP applies the concept of mindfulness to the management of urges that can derail sobriety or maintain moderation. Dr. Kraus, both a researcher and a clinician, will lead this workshop in an exploration of the utility of MBRP for clients with a gambling disorder.

#### **Congruence Couple Therapy for Gambling Disorder**

Speaker: Bonnie Lee, PhD, University of Lethbridge

Identifying mechanisms of change in psychotherapeutic treatment models has significant implications for addictive disorders. Dr. Lee will discuss her research showing that Congruence Couple Therapy can have better outcomes than individual-based therapies for clients with gambling problems.

#### 1 p.m. Welcome

Speakers: Mark Lipparelli, Gioco Ventures LLC and ICRG Arthur Paikowsky, ICRG

#### 1:15 – 2:15 p.m.

#### Plenary Session (1 CE Hour)

The Institutional Bias Against People with Gambling Disorder

Speaker: Stacey Tovino, JD, PhD, The University of Oklahoma

College of Law

Despite the reclassification of gambling disorder as an addictive disorder by the American Psychiatric Association in 2013, health insurers continue to exclude gambling disorder treatment from insurance coverage. Furthermore, federal and state disability non-discrimination laws uniformly exclude gambling disorder from the definition of disability. Dr. Tovino will detail her findings on this disturbing situation and propose how the gambling community can rectify this situation.

#### 2:30 - 3:30 p.m.

#### Plenary Session (1 CE Hour)

# Ask Me Anything! Voices of Recovery from Gambling Disorder

Speakers: Ted Hartwell, Nevada Council on Problem Gambling
Ed Talbot, New Hampshire Council on Problem Gambling
Michelle Malkin, PhD, JD, East Carolina University

What is the experience of individuals who recover from gambling disorder? This free-wheeling session will allow audience members to set the agenda!

3:30 – 3:50 p.m. Refreshment Break

#### 3:50 - 4:50 pm.

#### Plenary Session (1 CE Hour)

# **Does Responsible Gambling Work? New Research** on Pre-commitment

Speaker: Michael J.A. Wohl, PhD, Carleton University

Does pre-commitment—a responsible gambling strategy that allows the gambler to set spending and time limits before gambling—help reduce gambling problems?

Dr. Wohl's ICRG-funded research explored the uptake and effectiveness of the PlayMyWay program.

#### 5 - 6 p.m.

#### Plenary Session (1 CE Hour)

Optimizing Responsible Gambling Programs: Using the Positive Play Approach to Measure Responsible Play, Identify Program Success, and Pinpoint Areas for Improvement

Speaker: Nassim Tabri, PhD, Carleton University

The presentation will describe the research results involving the Positive Play Scale (PPS) as well as the early development of the PPS Lottery scale. The presentation will also describe the development and initial research results of the Positive Play Quiz.

#### 6:15 - 8 p.m.

#### **Reception and Poster Session**

Sponsored by CHICKASAW NATION OFFICE OF THE GAMING COMMISSIONER

**KONAMI** 

# ICRG CONFERENCE MOBILE APP

Look for a future communication about downloading our onsite conference app. *Sponsored by:* 



# **CONFERENCE PRESENTER**



The International Center for Responsible (ICRG) is the global leader in scientific, peer-reviewed research on gambling disorder and responsible gambling. The ICRG disseminates research findings through evidence-based educational programming such as the annual conference and webinars.

# CONFERENCE SCHEDULE MONDAY, OCT. 9, 2023

7 a.m. – 5 p.m. Registration

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7 – 8 a.m. Open AA/GA Meeting

Networking Breakfast
Sponsored by Interblock

8 – 9 a.m. Plenary Session (1 CE Hour)

The Gamblers of the Future? Migration from Video Games to Gambling among Young Adults

Speaker: Luke Clark, PhD, University of British Columbia

In video games, a loot box is a consumable virtual item which can be redeemed. Studies have shown a link between loot box engagement and gambling problems. However, the causal connections are unknown. Dr. Clark will report on his longitudinal research that traced the migration from video games to gambling.

9:15 – 10:15 a.m.

Plenary Session (1 CE Hour)

Adolescents and the Lottery

Speaker: Zu Wei Zhai, PhD, Middlebury College

Lottery-purchasing is prevalent among adolescents. A study found that lottery-purchasing by this demographic is linked to later gambling problems. Dr. Zhai will report on this research and propose ways to address this problem.

10:15 – 10:40 a.m. Refreshment Break

**10:45 – 11:45 a.m. Plenary Session** (1 CE Hour)

**Gambling Disorder and Stigma: Opportunities for Treatment and Prevention** 

Speaker: Leanne Quigley, PhD, Yeshiva University

We all know that people with gambling problems and addiction face stigma in today's society. But what is the real-life impact of stigma and how can we change such attitudes? Dr. Quigley will do a deep dive, reporting on her research on the impact of stigma on treatment, recovery and public health policies focused on people with gambling disorder.

Noon – 1 p.m. Awards Luncheon

Sponsored by CHICKASAW NATION OFFICE OF THE GAMING COMMISSIONER

**KONAMI** 

Presentation of 2023 Scientific Achievement Award and Awards for Outstanding Posters







#### CONCURRENT SPECIAL INTEREST TRACKS

Note: All attendees are welcome to participate in either track.

#### **Track for Clinicians, Researchers** and Public Health Professionals

#### **Track for Industry Professionals** and Regulators



#### 1 - 2 p.m.

xa?tus (First Face) for Mental Health: The Next **Step in Our Journey Towards Tribal Healing and Liberation** (1 CE Hour)

Speaker: Martina Whelshula, PhD, Arrow Lakes Nation of the Colville Confederated Tribes in Washington State

Dr. Whelshula has worked extensively with Native American communities nationwide on local and national policy development, education and behavioral health. Her most recent work is the development of an integrative cultural treatment model to address trauma, mental health, and substance use disorders for tribes.

Cashless Gambling: Exploring Health Risks and **Empowering Consumer Protection (1 CE Hour)** 

Speakers: Luke Clark, PhD, University of British Columbia Kasra Ghaharian, PhD, University of Nevada, Las Vegas

The evolution of payment technologies has raised questions about the health impact on customers who might be having problems with their gambling. This session will feature some of the newest research on "cashless gambling."

#### 2:10 - 3:10 p.m.

#### **Lightning Talks:**

**Recovery from Gambling Disorder: What We Know** and What We Don't Know (1 CE Hour)

Speakers: Samuel Peter, PhD, Durham VA Health Care System David Hodgins, PhD, University of Calgary Shane Kraus, PhD, University of Nevada, Las Vegas Ted Hartwell, Nevada Council on Problem Gambling Rory Pfund, PhD, University of Memphis

There is no standard treatment for or road to recovery from gambling disorder. The panel will deliver brief reports on where we stand with research on various approaches such as mindfulness, CBT, brief interventions, contingency management, and Gamblers Anonymous.

#### **Lightning Talks:**

Can We Improve Responsible Gambling Messaging? (1 CE Hour)

Speakers: Michael Wohl, PhD, Carleton University

Brett L. Abarbanel, PhD, International Gaming Institute, UNLV

Garrett Farnes, MGM Resorts International

Low usage of responsible gambling (RG) programs has led many to wonder if the messaging is to blame. The panel will deliver brief reports on what the research tells us and ideas for improving language in RG programs.

# CONFERENCE SCHEDULE MONDAY, OCT. 9, 2023 (CONTINUED)

3:10 - 3:30 p.m. Refreshment Break

Sponsored by



3:30 – 4:30 p.m. Plenary Session (1 CE Hour)

**Trajectories of Sports Wagering Over Time** 

What are the latest findings from this ICRG-funded national survey of sports wagering? Join Dr. Grubbs for an exploration of sports gamblers in the U.S. and their potential health risks.

Speaker: Joshua Grubbs, PhD, University of New Mexico

4:45 – 6:15 p.m.

Plenary Session (1.5 CE Hours)

these trends may offer.

**Trends Shaping the Future of Responsible Gaming** 

Presenter: Jeremiah Weinstock, PhD, Saint Louis University Moderator: Alan Feldman, University of Nevada, Las Vegas
How will technology shape tomorrow's prevention and interventions for gambling problems? Dr. Weinstock will reflect on his own work with an mHealth app and other developments he sees on the horizon. Following the presentation, a cross section of responsible gambling stakeholders will discuss the impacts and opportunities

Thank you to our generous sponsors supporting onsite attendee amenities this October:







Conference Syllabus

Conference Tote Bag

**Charging Station** 





# CONTINUING EDUCATION APPROVALS

Conference attendees can earn up to 13.5 continuing education hours approved by healthcare and legal certifying agencies.

#### 2 HOURS

#### **Pre-Con Workshop:**

- Mindfulness-Based Relapse Prevention for Gambling Problems; or
- Congruence Couple Therapy for Gambling Disorder

#### **11.5 HOURS**

Sessions held Sunday afternoon through Monday afternoon.

#### AGENCIES THAT HAVE APPROVED ICRG AS A CE PROVIDER

- The International Center for Responsible Gaming is approved by NAADAC, the Association for Addiction Professionals, to offer continuing education (Provider # 100793)
- The International Center for Responsible Gaming is approved by NBCC, National Board of Certified Counselors, as an Approved Continuing Education Provider, ACEP No. 6474. Programs that do not qualify for NBCC credit are clearly identified. The ICRG is solely responsible for all aspects of the programs.
- The International Center for Responsible Gaming (ICRG) is approved by the American Psychological Association to sponsor continuing education for psychologists. The ICRG maintains responsibility for this program and its content.

#### SINGLE PROGRAM APPROVAL

The IGCCB has approved the ICRG Conference for 13.5 hours (C-0-115).

The Nevada Board of Continuing Legal Education has approved the ICRG Conference for 13 credits.

The ICRG Conference is approved by the National Association of Social Workers (Provider Number 88691128).

The ICRG also is seeking single program approval of the conference from the following organizations, most of which have approved CE hours offered by previous ICRG conferences and webinars:

- Canadian Problem Gambling Certification Board
- Nevada Board of Examiners for Social Workers
- Nevada Certification Board
- Pennsylvania Bar Association

(Please contact Christine Reilly at creilly@icrg.org if you wish to receive CLEs from other jurisdictions.

Visit icrg.org/events to get updates on CE and CLE approvals.)

# ICRG CONFERENCE SCHOLARSHIPS

**Application Deadline: Aug. 1, 2023** 

The ICRG is committed to involving all stakeholders in the annual ICRG Conference on Gambling and Addiction. Toward that end, the ICRG offers a limited number of conference scholarships for those in the clinical, research and public health sectors. Applicants may also request travel assistance, up to \$500.

To apply for a scholarship, please send to Keli Elkins (kelkins@icrg.org) the following information in a Word document:

- 1. Name
- 2. Job/Field
- 3. How will attending the 2023 conference benefit your work and community?
- 4. Please describe the financial challenge you face in attending this event.
- 5. Are you seeking travel assistance as well? Please specify a travel budget. If funds for travel assistance are not available, will you still be able to attend the conference with just a scholarship for registration?

Please submit your application by Aug. 1, 2023.

Thank you to the following companies who help make the ICRG Conference scholarship program possible:



# CALL FOR NOMINATIONS

# **2023 SCIENTIFIC ACHIEVEMENT AWARDS**

**PAST RECIPIENTS** 

2002

Robert Custer, MD Nancy Petry, PhD

2003

Robert Ladouceur, PhD Marc N. Potenza, MD, PhD Renee Cunningham-Williams, PhD (Honorable Mention)

2004

Alex Blaszczynski, PhD Jon E. Grant, JD, MD, MPH

2005

Ken C. Winters, PhD

2006

Suck Won Kim, MD Rina Gupta, PhD

2007

Howard J. Shaffer, PhD, CAS

2008

Marc N. Potenza, MD, PhD

2009

Jon E. Grant, JD, MD, MPH Anna Goudriaan, PhD

2010

David C. Hodgins, PhD

2011

Wendy S. Slutske, PhD

2012

Randy Stinchfield, PhD, LP

2013

Jeffrey Derevensky, PhD

2014

Linda B. Cottler, PhD, MPH Catharine Winstanley, PhD

2015

Luke Clark, PhD

2016

Donald W. Black, MD

2018

Debi LaPlante, PhD

2019

Michael J. A. Wohl, PhD

2022

Sarah E. Nelson, PhD James Whelan, PhD **Deadline: Aug. 15, 2023** 

The ICRG recognizes outstanding contributions to the field of research on gambling disorder and responsible gambling with the annual ICRG Scientific Achievement Award. We invite nominations in the following categories:

 Research investigators at any stage in their career—early stage, mid-career or senior—whose research has made a significant contribution to the knowledge base about gambling disorder and responsible gambling



Dr. Sarah E. Nelson, 2022 Scientific Achievement Award recipient, and Alan Feldman, chair emeritus of the ICRG

- Educators who have successfully mentored young investigators in the field or have excelled at promoting public awareness and education about gambling disorder and responsible gambling
- A recent publication in a scientific, peer-reviewed journal that represents seminal work in the field

#### **GUIDELINES FOR SUBMITTING A NOMINATION**

The nomination package must include the following:

- Letter of recommendation: A detailed letter describing the worthiness of the nominee or nominated work, specifying the contribution to the field of gambling studies and significance.
- Curriculum vitae (CV):
  - · For individual nominees, include an up-to-date CV
  - For research investigators, include a comprehensive bibliography of the nominee's publications
- Publications: For research investigators, submit no more than five scientific publications representative of the nominee's work. When nominating a publication, include a copy of the published version of the article. The publication must have been published in the same year or the year prior to the nomination.

Submit nomination materials to Christine Reilly (creilly@icrg.org) by Aug. 15, 2023. The selection committee, composed of distinguished scientists in the addictions field, will select the recipient of the 2023 ICRG Scientific Achievement Award. The award will be presented at the awards luncheon during the ICRG conference on Monday, Oct. 9, 2023.

# **CALL FOR POSTERS**

# **POSTER SESSION: OCT. 8, 2023**

# Deadline for Abstracts: Aug. 15, 2023

The ICRG showcases new research on gambling disorder and responsible gambling during a poster session and reception held at the ICRG Conference. This event is an opportunity for investigators to report on their empirical research and discuss their findings with conference attendees. Each year, a committee selects the recipients of the Outstanding Poster Award and honorable mention.

#### **SUBJECT MATTER**

Posters can focus on any aspects of gambling disorder and responsible gambling and must report on empirical research. Abstracts will be reviewed for scientific merit.

#### **SUBMISSION GUIDELINES**

Abstracts should be submitted electronically in MS Word® or another word processing software using a font size no smaller than 12 pt. PDFs will not be accepted. Please include the following information:

- Title of Presentation
- Name(s) and affiliation(s) of the author(s)
- · Email address of the first author
- Poster abstract (no more than 500 words). Please follow APA format for text and references. The abstract should address the following:
  - Sample and methods
  - · Preliminary findings
  - Implications for the field
- Digital signature of first author certifying that any work with human or animal subjects in the abstract complies with the guiding policies and principles for experimental procedures of the World Medical Association of Helsinki.

By submitting a poster, at least one author must agree to attend the conference and to participate in the poster session. No individual can be first author on more than one submission.

Abstracts will be accepted on a rolling basis until Aug. 15, 2023.

Send the abstract to Christine Reilly at creilly@icrg.org.

For more information or questions, call 978-338-6610.







# **COST AND REGISTRATION**

|   | Early Bird<br>By Aug. 1 | Regular<br>Thru Sept. 24 | Onsite<br>Sept. 25 - Oct. 9 |
|---|-------------------------|--------------------------|-----------------------------|
| Full Conference                                 | \$350                   | \$375                    | \$550                       |
| Full Conference - Student                       | \$170                   | \$195                    | \$395                       |
| Sunday Only                                     | \$175                   | \$200                    | \$400                       |
| Monday Only                                     | \$225                   | \$250                    | \$450                       |
| Pre-Conference Workshop for Treatment Providers | \$40                    | \$45                     | \$55                        |

#### Deadline September 24, 2023

After Sept. 24, please register at the conference.

Register online at g2e2023.com/icrg.

Questions? Call 978-338-6610.

Cancellations and substitutions must be submitted in writing to nmancini@icrg.org. Substitutions can be made at any time. Cancellations will be accepted in the case of personal emergency. No refunds will be issued after Oct. 1, 2023.

#### THANK YOU TO OUR SPONSORS

There are still opportunities for your organization to join these generous companies demonstrating their support for responsible gambling by serving as a sponsor of the ICRG Conference on Gambling and Addiction. Please contact Joshua Belkin at jbelkin@icrg.org for more information.

#### CHICKASAW NATION OFFICE OF THE GAMING COMMISSIONER























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